



Thank you for spaying/neutering your pet. Your new pet has recently had surgery and has some special needs over the next few weeks. It is important for you to follow all of the post-operative discharge instructions listed below to help your animal heal and recover without complications.

Your pet was SPAYED/NEUTERED on _____.

1. All cats and dogs must be kept indoors following surgery for a period of at least 10 days. Limit activity as much as is possible. Dogs should only get brief (5 minutes or so) trips outside ON LEASH to go to the bathroom for the first week. After that, activity can slowly be increased by 5 minutes every other day. Cats should be confined to a small room for the first week.
2. No bathing or swimming for a minimum of 2 weeks.
3. Please monitor the incision daily. It should be kept clean and dry. Excessive redness, warmth, swelling, or a colored (yellow or green) discharge may indicate infection. Mild swelling or a small amount of clear to blood tinged discharge may be normal. A small non-painful swelling is common in cats.
4. Male dogs will often have a decreasing amount of blood-tinged discharge in the first few days following surgery. This is normal but means you may want to keep them confined to an area that is easily cleaned. You may also want to keep them off of your furniture.
5. If your pet is licking their incision, please purchase an E-collar at a pet store to help prevent infection or other problems. We often have them available for sale here as well.
6. Animals may not have a bowel movement in the first few days after surgery. As long as they are eating, not vomiting, and not straining to defecate this is normal. Contact a veterinarian if this goes on for longer than 3 days.
7. Any suture that was used will dissolve on its own and does not require removal.
8. If you feel that your pet is painful, please contact us or another veterinarian before giving any medication. DO NOT GIVE any medication without veterinary instruction, as many over the counter human medications can be very dangerous for our pets. There may also be dangerous interactions with the drugs they were given at the time of surgery.
9. If your pet continues to be lethargic, vomits repeatedly, refuses to eat, opens its incision or is bleeding please seek medical care IMMEDIATELY.

If you have any questions regarding your pet's recovery and care, please do not hesitate to contact us at 603-889-2275 x 24 between 8am and 5pm Monday through Friday. You may also try extension 33 if you do not receive a prompt response.

If you have an emergency (or urgent concerns) outside of normal business hours, please contact your regular veterinarian or one of the emergency clinics listed below. We recommend that all pets have a regular veterinarian and encourage you to develop a relationship with one. If your cat received a FVRCP vaccine for the first time today, we recommend a booster in 3-4 weeks.

Emergency Clinics:

Nashua- Animal Medical Center- 603-821-7222

Manchester- VECC- 603-666-6677

Concord- CAVES- 603-227-1199

I have received a copy of these discharge instructions. _____(owner name)

_____ (owner signature)

_____(staff initials)